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**“E mahi tahi ana ki nga oranga pai ake”
Working together to better lives**

07 572 4547 | 027 926 1881 | liaison.headwaybop@brain-injury.org.nz
www.braininjurybop.org.nz

JUNE 2025

NEWSLETTER

**Sometimes we need a bridge
and sometimes we are the bridge.**

**No one I know has escaped troubled waters, rough seas and challenging, scary
days.**

**There are times in our lives when we could
use a little help, and other times
when we are given the chance to help someone else.**

**It really doesn't matter where you are right now.
What matters is that you remember we are stronger together,
and taking a hand
is just as important as offering one.**

(Thank You to Eddie and Bev for sending this through!)

Diane's Update

Kia Ora Kotou

The month has raced by; we've had a lot of enquiries with people coming into the office or getting in touch online to ask for support and information. I've

represented Headway BOP at a number of community group meetings and have introduced our service to these and other community groups – thank you to the Crosby's of Katikati who put me in touch with the group "Here to Support You", their liaison officer, Amanda, has visited me at our office and has added Headway onto their site of 90 other community agencies in our area.

We had a group lunch for members this last month, and while the turn out was relatively small – 6 in total, it was good to meet and talk with those who attended. I have also meet with some new members who have suggested a social coffee group which will meet here at the office every Friday morning at 10am. If you would like to join an informal social group, come along. Obviously not everyone will come every week, but I will be here, and it would be lovely to see you. It was also decided to go out once a month for a group outing, and thanks to Colin for his great idea of us meeting once a month for a social outing.

**Diane's contact details: Phone: 027 926 1881
email: liaison.headwaybop@brain-injury.org.nz**

Headway Brain Injury Assn Fundraiser & Awareness June 2025

Tuesday 17 June – Katikati Woolworths
Tuesday 17 June – Bethlehem Woolworths
Friday 20 June – Gate Pa NW
Friday 6 June – Mount NW
Thursday 19 June – Papamoa Plaza

Thank you to all our wonderful volunteers – the roster is now full. It would be good to have back up volunteers though.

Please let Gill know if you wish to volunteer , contact gill.headway.assoc@gmail.com or tel: 021 333 900. Thank you!

Committee & Staff Farewell Lunch for Dianne Beveridge



On 13 May the Headway Committee and staff enjoyed a final farewell lunch for our amazing Liaison Officer of 23 years, Dianne Beveridge. Dianne was presented with a Certificate of Appreciation and Life Long Membership from Brain Injury New Zealand.



Run it straight IS NOT A SPORT!

This was never a game. It is a reckless and dangerous stunt, falsely packaged as 'sport', and it should never have been promoted or accepted as one.

Let's be absolutely clear: one death is too many!

We all have a responsibility as parents, educators, community voices, and sports leaders to step up, speak out, and create a culture where harmful challenges like this are not glorified but condemned for what they are: dangerous and destructive.

Mt New World \$15.00 Voucher May 2025

The lucky winner was R Hodgkinson
Big thanks to owner Alan Rudkin for supporting Headway.

NOTICEBOARD



You are warmly invited to the
WBoP Disability Support Trust
FREE Networking for Inclusion Seminar
All welcome

Easy parking and accessible

Date: Friday 6 June 2025 – Time: 10.15 am to 12.30 pm

Venue: Bethlehem Baptist Church, 90 Bethlehem Road, Tauranga

Speaker: Racheal Wiltshire, Aotearoa Disability Law

Disability Discrimination: How to identify discrimination that is unlawful under the Human Rights Act. Find out what you can do if you have been discriminated against.

-- Morning Tea break --

Supported Decision Making: and the PPPR Act: What supported decision making is and what mechanisms are available to empower someone else to make decisions for you. (Enduring Power of Attorney, Welfare Guardianship, Property Administration/Management)

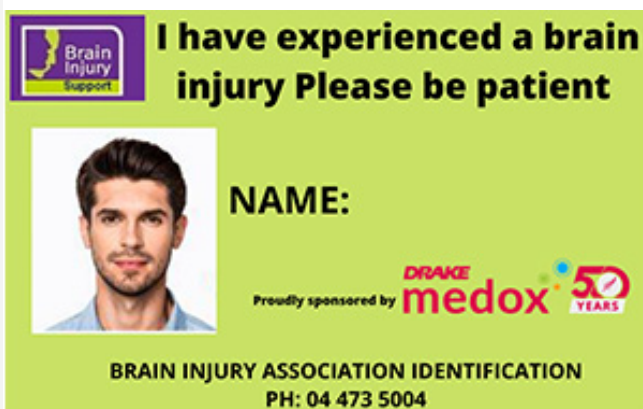
Please RSVP to Gill Gardner, Coordnator.wbop.dst@gmail.com

Tel/Text: 021333900

Brain Injury ID Card

Our Brain Injury ID cards help explain your condition in situations where others may not understand. Carry one for a discreet way to communicate your needs and ensure better support.

This card is free thanks to Drake Meddox!



I have experienced a brain injury Please be patient

NAME:

BRAIN INJURY ASSOCIATION IDENTIFICATION
PH: 04 473 5004

Proudly sponsored by **DRAKE medox 50 YEARS**



I may have -

- Cognitive difficulties - e.g. difficulty with thinking clearly, maintaining concentration, tiredness, solving problems, planning and completing a project, short-term memory problems
- Physical problems - e.g. reduced balance, slower reflexes, headaches and reduced stamina
- Sensory difficulties - e.g. impaired sight, smell, hearing, and taste
- Difficulty with expressing oneself or understanding others
- Personality changes - e.g. irritability, intolerance, depression, anxiety, socially inappropriate behaviour, mood swings.
- Difficulty in learning and remembering new information

Proudly sponsored by **DRAKE medox 50 YEARS**

HOW TO APPLY

If you would like a card please contact Diane at liaison.headwaybop@brain-injury.org.nz

HAVE YOUR CONTACT DETAILS CHANGED?

Please let us know if your address, email or phone number have changed by emailing admin.headwaybop@brain-injury.org.nz with your new details.

This Month's Dates to put on your fridge

COFFEE GROUP – Friday mornings from 10am

Meets here at 53 Fraser Street for peer support and chat

BRAINWAVE SINGERS – Every Wednesday 9.45am

Brainwaves singing group welcomes anyone who would like to sing and share a morning tea. If you need a lift, please call me the day before. Citz Hall Maitland Street. \$3 entry

Fri 6 June 2025 – 11am –12.30pm – KATIKATI BI & CARERS GROUP

Fairview Golf & Country Club Café, 55 Sharp Road, Katikati. Meets first Friday of every second month.

Tues 10 June 2025 – 11.00am – COMMITTEE MEETING

Arataki Community Centre, Zambuk Way, Mt Maunganui

Thurs 24 July 2025 – 11.45am – MID-WINTER CHRISTMAS LUNCH

Club Mount Maunganui, 45 Kawaka Street, Mount Maunganui Everyone is welcome. Thank you to those who have already RSVP'd. If you haven't already, please let us know if you are coming.

Please let Diane know via email if you would like to attend any of these outings Liaison.headwaybop@brain-injury.org.nz

SUBS & DONATIONS

Headway Brain Injury Assn BOP Inc

MEMBERSHIP FORM

1 July 2025 – 30 June 2026

Headway bank account number: 03-0445-0195410-00

Please include your name as reference.

To become a member of Headway BOP please complete the form below and send back to admin.headwaybop@brain-injury.org.nz or mail to 53 Fraser St, Tauranga 3112.

Name/s

Address

Phone

Email/s

Subscription: Individual \$5 or \$10 Family (please circle one)

I consent to the collection and retention of the above information by Headway Brain Injury Assn BOP Inc for purpose of membership records in accordance with the Privacy Act 2020.

Signed: Date:

THE MORE HEADWAY FINANCIAL MEMBERS WE HAVE THE MORE GRANTS WE RECEIVE FROM FUNDING TRUSTS

Headway gratefully accepts donations direct to our Account 030445 0195410 00

Contact Headway office on 07 572 4547 or Gill 021 333 900 or click below to donate via our Give a Little page.



Headway acknowledges support and funding assistance from Lottery Grants, COGS, Lion Foundation, NZ Community Trust, Pub Charity, WBOP Disability Support Trust, Mt RSA, and Ministry of Health. Lions Papamoa, Lions Greerton, Lions Harbour City, Lions Katikati, Tauranga Rotary Trust; Good OP Shop Presbyterian, TECT, St George Centrepont, Endeavour, Legacy Trust.

Thank you to the many retailers allowing donation boxes on their counters.

COMMITTEE

S. Rutherford, P. Taylor, J. Simpson
A. Anderson, G. Gardner, M. Bindon

PERSONNEL

Liaison Officer - Diane Hurdsfield
Services Coordinator - Gill Gardner
Admin Officer - Jan Simpson



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